

### First Aid in case of War Gas Exposure

#### Stop the accident:

- 1. The person in charge of first aid on board the ship puts on protective gear (butyl gloves and filter mask).
- 2. Prepare the mobile resuscitation equipment if it is on board.
- 3. Avoid touching equipment and taking. Do not spread the contamination on board.
- 4. Manoeuvre the ship into a position where the wind is able to lead any vapours of gas away from crew quarters. Close doors and hatchways.
- 5. Prepare the ship. If this is not possible without contact with the contaminated area, the crew must wear protective gear (butyl gloves and filter mask).



## **Symptoms from the airways:** shortness of breath- hoarseness - coughing- chest pains – choking sensation

#### **First Aid**

- 1. Give oxygen if available, 9 litres via Hudson mask.
- 2. The injured person must not smoke, eat or drink and must keep still.

#### **Eyes:** burning sensation – reddish – pain - closing - watery

#### **First Aid**

- 1. Rinse the eyes immediately with generous amounts of water.
- 2. Close the eyes and gently cleanse surrounding skin with soap and water.
- 3. Give oxygen if available, 9 litres via Hudson mask.

#### Symptoms from the skin: reddish – itching – burning sensation – corrosive burn

#### **First Aid**

- 1. Wash skin thoroughly with soap and water, dry skin gently with a clean towel and give oxygen if available, 9 litres via Hudson mask.
- 2. <u>Skin contaminated with vaseline-like gaseous substances:</u> scraping with a wooden spatula or the back of a knife.
- 3. Gently remove working clothes and leave it on the site.
- 4. Wash skin thoroughly with soap and water.
- 5. Dry skin gently with a clean towel
- 6. Give oxygen if available, 9 litres via Hudson mask.

## First Aid in case of Nerve Gas Exposure

# **Nerve gas symptoms:** Headache – visual disturbance – pressure sensation in the chest - possibly cramps

#### **First Aid**

- 1. Give an Atropine injection immediately through the working clothes into the thigh.
- 2. Give oxygen if available, 9 litres via Hudson mask.
- 3. If symptoms do not cease within 10 minutes, another Atropine injection must be given. No more than 3 injections may be given without a medical consultation.

