



# TEST YOURSELF AED/CARDIAC DEFIBRILLATION

## Structure of pamphlet

Test your own knowledge on the subject AED/CARDIAC DEFIBRILLATION - solve a few assignments.

Find background knowledge in "Medical Guide for Seafarers" pp 79-81 and in the videos related to the book.

Find the correct answers at the end of the pamphlet.  
However, test your own knowledge before you read the answers.

**Stay up-dated**

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**Find all self-training  
assignments at our  
webpage  
[www.dma.dk](http://www.dma.dk)**

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**You may ask us  
questions at  
[cms@dma.dk](mailto:cms@dma.dk)**

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**You may phone us at  
[+45 7219 6004](tel:+4572196004)**

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You may want to read chapter 11 in “Medical Guide for Seafarers” and watch video number 2.

### Assignment 1

When would you use a defibrillator?

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### Assignment 2

List, as a minimum, 4 practical problems that may arise from the use of a defibrillator:

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Find useful information at: <http://genoplivning.dk/>





*AED's are plentyfull in Denmark.*

*Find a local AED here: <https://hjertestarter.dk/find-hjertestartere/find-hjertestartere>*



## **Did you know?**

**Danish Resuscitation Council** decides guidelines for resuscitation in Denmark. When they change the guidelines, you need to update your defibrillator.

Get the update from your dealer.

If you have a defibrillator on board, always use in case of resuscitation.

Resuscitation has priority.

There is no legal requirement to carry a defibrillator on board.

## **REMEMBER**

- The defibrillator cannot harm anyone.
- The defibrillator cannot save everyone.
- The defibrillator is a supplement to resuscitation, not a replacement.

## Answer to assignments

### Assignment 1

When would you use a defibrillator?

Use the AED as a supplement to resuscitation after cardiac arrest.

Place pads on chest as quickly as possible after initiating CPR.

### Assignment 2

List, as a minimum, 4 practical problems that may arise from the use of a defibrillator:

- High oxygen concentration in surroundings.
- Excessive hair growth on chest.
- Patient lying on wet surface.
- Gel en pads, too old/dry.
- Wet/sweaty skin.